



## THE COMMITTEE TO PROMOTE SQUARE DANCING

### WELCOME TO SQUARE DANCING – FRIENDSHIP SET TO MUSIC!

This class will meet on Tuesdays beginning September 8, 2015 and will run through May 2016. The class will begin at 6:30 and end at 8:30. From the first night you will be dancing and enjoying yourself. There is a lot to learn and we will all work together to learn and have fun. The caller/instructor, Tork Clark, will teach several new calls each week so it is important for students to attend each session, since the instruction builds on what you have learned in the past. If you must miss a class, please let us know. There will be a review each week during the first tip, so you can always catch up. Tork often starts calling the review as soon as he gets set up so you are welcome to come as early as 6:00. In addition, if needed, we may run review sessions during the year.

After the three free classes, the weekly charge for the class is \$5.00 per person.

Many people prefer not to dance on a full stomach so we usually go to the Round Table across the corner in the Cambrian Park Plaza after class for a late dinner. You are welcome to join us.

There will be weekend new dancer dances, called “hoedowns”, especially for your dancing level, starting in a few weeks, so that you will have the opportunity to dance to different callers and to meet other square dancers. We will let you know about dancing opportunities.

Local clubs will also invite you to join their non-dancing social activities, which is a great way to make new friends in the square dance community.

#### Here are some simple tips for enjoying square dancing:

1. **Alcohol** – Please do not drink before coming to any square dance event. You need to be at full attention to learn and to participate in this activity. We go out AFTER dancing.
2. **Listen** – Do not talk while the caller is giving instructions or while you are dancing. Learning to listen and to respond to the caller’s commands takes concentration.
3. **Hold hands** – If you are beside someone, gently touch his/her hand. It helps to see your position and formation. Everyone holds right hand palm up and left hand palm down (your thumbs point to the right).
4. **Be gentle** – Don’t cause bruises. All holds should be a gentle touch only, never a death grip.
5. **Angels** - Experienced dancers from local clubs will be available to dance with the new dancers. You must learn to react to each command and the angels may gently point a new dancer in the right direction, but should never be pushy.
6. **Dress** – You may wear whatever you are comfortable in. Many experienced women dancers prefer to wear traditional square dance attire and many wear prairie skirts or pants. Any shoes are fine but we don’t recommend open back sandals. You will have opportunities to buy or acquire donated used square dance clothing and there is a local square dance store in San Jose.
7. **Most of all, we want you to have fun, make new friends and generally have a good time while learning to square dance!**

#### For questions about the class, please contact:

**Caller/Instructor: Tork & Dory Clark** – 408-847-3592, tork\_clark@yahoo.com

**CPSD: Jackie Daemion & Karl Belser** – 408-723-0315 or 408-205-0681, karl.jackie@gmail.com

**Caroline Fifield** – 408-705-3355, cfbhappy1957@gmail.com

**Our website, [www.c-p-s-d.org](http://www.c-p-s-d.org), has lots of information about us and about Square Dancing.**